

Stockholm 5 feb 2004

## Reference for Mr. Tim Finucane

### To whom it may concern

My name is Helena Ander Wallin. I am a Massage Therapist and teacher, teaching on the Massage Therapist Diploma Course at Axelsons School of Alternative Medicine in Stockholm, Sweden. I am also an acupuncturist, having trained at the Nei Jing Academy in Enköping, Sweden.

I had Tim Finucane as a teacher when I was a student at Axelsons in 1996. He taught us how to improve our balance and strength by focusing correctly while giving massage, which is otherwise difficult owing to the complexity of the techniques and movements. His knowledge was even applicable in daily life, helping me to strengthen my back and carry heavy loads with less effort. Other people found they could make use of the same knowledge when training.

Tim Finucane has taught at Axlesons since 1994 and we now teach together. He does an excellent job with the students. They all get an Aha-experience in how to relate to their bodies and minds. Tim's teaching is easy to learn, sometimes it seems just too easy to be true!

I have personally improved my balance and it has paid off. My back is now much better! I also teach my patients to stand correctly, in true balance, according to Tim's methods. My patients' backs improve dramatically, as they find that they very quickly get rid of their back pain.

Tim Finucane is an interesting and very dedicated teacher. He has clearly done a lot of reflection on life and has much to give to his students. There is always something for everyone when Tim is teaching. It is the kind of basic knowledge we should all start with – a solid foundation from which to work from.

The things Tim teaches about unified action, balance and how to focus correctly should be available to everyone, as it makes life so much easier in many ways.

I can warmly recommend Tim Finucane to anyone who wishes to employ his services.



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